

**Multi Level**  
**Tai Chi Retreat**  
**Led by**  
**Heloise Gold**



**In the magnificent mountains  
of Northern New Mexico**

**At Rose Mountain Retreat Center**

**July 8 – July 13, 2007**

**Cultivate Inner Peace**

**In the Land of Enchantment**

**Heloise Gold has been teaching T'ai Chi for 25 years. She has conducted T'ai Chi, Chi Gong, and creative movement retreats throughout the US and in Switzerland. Heloise runs a T'ai Chi/Movement Arts studio in Austin, Texas, and is an accomplished dancer/performing artist.**

**Space is limited. Reserve your place now.**

**\$570**

**for information or registration**

**512-444-6139**

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