

DEEP LISTENING PUBLICATIONS

By Pauline Oliveros

The Inner/Outer Sound Matrix



The Inner/Outer Sound Matrix
For sfSOUND

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For any ensemble and/or a reader.

Listen inwardly for your own sound.

Choose when and how to play the sound - or not.

Listen outwardly for a sound from the ensemble.

Choose when and how to play that sound - or not.

How to play means choice of attack, sustain and release dynamic levels and feeling.

For a reader:

Choose a text of current political, scientific or artistic interest.

Listen inwardly for a word to express.

Choose when and how to say this word – or not.

Listen outwardly and choose a word or phrase from the selected text.

Choose when and how to express that phrase – or not.

How to express means what spoken style (whisper, rhetorical, natural, declamatory, theatrical shouted etc., choice of duration, dynamic levels and feeling.

Make a twelve-minute trajectory by either adding more and more silence between your performed sounds and/or words or less and less silence. Stop when your twelve minute trajectory is completed.

The duration of the piece does not have to be measured. The duration can be free.

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